



# "Freedom Press" eZine

Happy New Year!

December 2014

Our vision is for a Paruresis free world.  
Until then, people with shy bladder will live life to the fullest.

## Workshops

### 2015 IPA Workshop Schedule

(Tentative)

Apr. 17-19 ~ Detroit

May 1-3 ~ LA

June 26-28 ~ Baltimore

Sept. 4-6 ~ Germany

[What happens at a workshop? Read all about it here...](#)

[For registration information go here...](#)

We have decided to go back to having three in the US (regionally-East, Midwest, and West) and one international workshop for next year due to ongoing registration problems. However, as always, if 5 or more people get together and register for a workshop in a particular locale, we will find a workshop leader for it.

## Paruresis In The News

It's been a great year for IPA. The [Rob Lowe/DirectTV](#) ad controversy in fact, was on Fox again this past Saturday as the *Cashin'In* Top Story of the Year! Moreover, IPA was named a 2014 Top Rated Nonprofit by [Great Nonprofits.org](#). [Our issue is finally getting its day in the sun.](#)

There are other things happening too. Someone, independent of us, just filed a [paruresis lawsuit under the ADA](#) (Americans with Disabilities Act). Surely our work inspired this action. We are also awaiting action from SAMHSA (Substance Abuse and Mental Health Services Administration) on alternative drug testing in the workplace rules so that such lawsuits are unnecessary in the future.

## 2015 Fundraising Campaign

We have achieved  $\frac{3}{4}$  of fundraising goal for 2015 - \$60,000. In the last two days of the year, though, **we still need to raise \$20,000** - no small feat. So, if you have already renewed your membership for 2015 or became a member this year, *thank you, thank you, thank you.* If you haven't, we need about 75 more people at the \$50-100 level, 10-20 people at the

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\$500-1000 level, and ideally a few at somewhat higher level. This will get us to our goal by the end of the year. *By the way, if you donate through PayPal from now until December 31 their giving fund will match it by 1%.*

There are three different ways to donate and become a member/renew membership with us. Just use one of the buttons on the left. Thank you!

International Paruresis Association, Inc.

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Office Hours

Tuesday - Friday  
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