



"Freedom Press" eZine

Celebrating 20 Years!

February 2016

We Love Our Donors!

We want to thank our donors for your support to IPA in 2016. At whichever level you donated, it helped IPA nearly achieve its fundraising goal. We raised over \$78,000, which will be enough to fund operations this year, with a little bit of careful scrutiny. Moreover, we increased our membership over last year by almost 10%, and there were significantly more gifts over \$500 too. Without your generosity, this would not have happened.



Workshops

So what's in store for 2016? First and foremost, here is the (tentative) workshop schedule for this year.

February 26-28 Atlanta, GA	May 20-22 Toronto, ON Canada	August 26-28 Speyer, Germany	November 18-20 Winston-Salem
March 25-27 Dallas, TX	June 17-19 Baltimore, MD	September 23-25 Chicago, IL	December 16-18 Clearwater Beach, FL
April 22-24 Detroit, MI	July 15-17 San Francisco, CA	September 30-October 2 Mashantucket, CT	What is a workshop? Find out here!
April 29-May 1 Los Angeles, CA	July 29-31 Newark or Atlantic City, NJ	*October 21-23* Las Vegas, NV	Workshop Form is here!

20th Anniversary Special ~ 1/2 Price For All Workshops

In celebration of our 20th anniversary, we are rolling back prices 20 years. All workshops are 1/2 off for first-timers, and 1/4 off for returnees! Also, full-time students pay only \$99!! Moreover, **anyone** who contributed \$1000 or more for the 2016 campaign can attend a workshop for free. As if this isn't a good enough deal, anyone who attends a workshop during the year gets to attend the 20th anniversary celebration workshop in Las Vegas this October **for free!** (The workshop will be held in conjunction with our conference.)

Here are the workshop prices for 2016:

North America workshops:

First timers: \$350 (50% off)

Returnees: \$250 (more than 25%, or \$100 off the 50% price)

Note: If you register at least one month before a scheduled workshop:

Early bird first timers: \$325

Early bird returnees: \$225

Full-time Students: \$99

European workshops: 200 euros; full-time students 100 euros

You are on your own for accommodations and meals. However, we can give you the names of hotels or motels in the area. **Cancellation policy:** If you cancel more than one month prior to a workshop, you are entitled to full refund or a full credit to another workshop. If you cancel less than one month prior to a workshop, you are entitled to a 50% refund OR a full credit for another workshop. Workshop credits must be used within one year.

20th Anniversary

This ties into our 20th anniversary conference, to be held October 21-23 in Las Vegas, NV. In addition to the above mentioned workshop, we will be having a social event Friday night between members and the IPA Board of Directors, and a Sunday plenary session focused on the current state of knowledge regarding paruresis. So be sure to put this in your calendars and plan to register early. Details will be forthcoming soon.

Drug Testing

We will continue to press the alternative drug testing issue in the workplace this year. We are hoping that the federal Health and Human Services Department will finally be promulgating the long awaited oral fluid rules sometime this year (hopefully before the conference!).

New Initiative

This year we will focus on promoting the IPA research agenda with several federal agencies and the American Urological Association. Stay tuned for more information on this issue.

Planned Giving

Finally, with our endowment fund close to \$100,000, we want to focus the first half of the year on the issue of planned giving. I will be sending out more information on this topic at a later date, as we try to reach our endowment goal of \$1 million within the decade.



You Are Not Alone

Have you read Daniel's story yet? [*What a Relief! Back from Bashful Bladder*](#)

I remember very well the first time I found myself unable to urinate in a public bathroom.

My family were city-dwellers but we had country relatives so long road trips were a regular feature of my childhood. Pit-stops at McDonalds to have lunch and to relieve bladders were an invariable part of these journeys and it was during just such a stop that, aged six or seven at the most, I found myself standing...[READ THE REST HERE](#)