



# "Freedom Press" eZine

*Celebrating 20 Years!*

June 2016

## Workshops

**Upcoming Workshops ~ Register Now ~ Space Limited  
We need at least 5 people to make a workshop a go.**

Baltimore, MD June 24-26 <b>It's A Go!</b>	San Francisco, CA July 15-17 Need 4 more by June 14, 2016!	Atlantic City, NJ July 29-31 Need 4 more by June 28, 2016!
Chicago, IL September 23-25	<a href="#">What happens at a workshop? Read about it here!</a>	<a href="#">Workshop registration information and form. Go here!</a>

### Our Special 20th Anniversary Workshop Prices for 2016:

North America workshops:

First timers: \$350

Returnees: \$250

**Note:** If you register at least one month before a scheduled workshop:

Early bird first timers: \$325

Early bird returnees: \$225

Full-time Students: \$99

**Note:** You are on your own for accommodations and meals. However, we can give you the names of hotels or motels in the area.

**Cancellation policy:** If you cancel more than one month prior to a workshop, you are entitled to full refund or a full credit to another workshop. If you cancel less than one month prior to a workshop, you are entitled to a 50% refund OR a full credit for another workshop. Workshop credits must be used within one year.

## 20th Anniversary Conference & Workshop



That's right...IPA is turning 20!

We are celebrating in Las Vegas and would love for everyone to attend. For all the details go here:

[20th Anniversary Information](#)

Don't forget! If you register before May 31st 11:59 pm EST, you will be entered into our drawing. One person will receive free registration for the 20th anniversary event (you will be refunded your fee).

When: October 21-23, 2016

Where: The Orleans Hotel & Casino  
Las Vegas, NV.

**Deadline to register is: September 20th**

**If you have attended a workshop this year the conference workshop is free to you!**

## American Restroom Association (ARA)

Check out the new updated website for the American Restroom Association (ARA) here: <http://americanrestroom.net/>

You Are Not Alone

I am in the US Army-the toughest, most competent fighting force this Earth has ever seen. I live in a world of tough guys, real men (and women) who can do anything and win all the time.... right.

I am 6'1", 200lbs of lean muscle, I am a helicopter pilot, and I was educated at the world's greatest military academy, West Point. I am a man's man, right? Right, except for when it comes to my nemesis the urinal...[READ MORE HERE!](#)

## IPA Talk Forum

Do you know we have a forum and it's free to join. [Check it out here!](#)

## Frequently Asked Questions

Q: I am thinking of joining the military, what kind of barrier will paruresis be for me?

A: People in military service face three major barriers from paruresis: Urine drug testing, the difficulties of dealing with restrooms that have very little privacy, and unpredictable combat situations. While we have heard stories of people with paruresis who served in the military and managed to get through it, you need to carefully weigh the impact paruresis has on your life... [READ MORE HERE!](#)

## Planned Giving (letter from Dr. Soifer)

As most of you know, we spend the last half of each year raising money for the following year's IPA operating budget. The first half of the year we work on building up our endowment.

Currently, we are about ¼ of the way toward our \$1 million endowment goal by our 25th anniversary. That includes about \$100,000 in cash and \$150,000 in other pledges, mostly in the form of bequests in wills.

I want to lay out here and in a forthcoming mini-video for you that will be posted on the website soon, different ways that members can ensure the perpetual survivability of the organization. (By the way, if we ever reached an endowment of \$5 million, the organization would become self-funding in perpetuity.)

To read the entire letter from Dr. Soifer go here:

<http://ipatalk.org/viewtopic.php?f=2&t=11076>

For information on the various ways of giving, please go to our planned giving page at: <http://paruresis.org/planned-giving/>

For anyone who needs more information or wants to discuss options with me, please email me at: [ipasteven@gmail.com](mailto:ipasteven@gmail.com)