



"Freedom Press" eZine

May 2015

Our vision is for a Paruresis free world.
Until then, people with shy bladder will live life to the fullest.

Workshops

[Click here for the workshop registration form!](#)

[Click here to find out: What happens at a workshop?](#)

[Click here to register and pay online.](#)

We have two workshops coming up soon - Detroit (May 15-17 **It's a go!**), and Baltimore (June 26 - 28). It would be great to see you all there! Also, please be aware of the rest of the workshop schedule for the coming year: there are only workshops in Los Angeles (August 14-16) and Germany (Sept. 4-6). Of course, local support group leaders can get five people to commit and pay for a workshop, and we'll find a leader for you. Use the links on the left to register.

Workshop Fee:
\$695.00 OR 1% of your gross income for first timers, \$350.00 for previous attendees or support group leaders.
You are on your own for accommodations and meals. However, we can give you the names of hotels or motels in the area.

Paruresis In The News

As some of you know, there has been more press about the Rob Lowe ads. While we can't really claim



[Read the full story here.](#)

victory for having them pulled (Comcast filed a complaint with the Better Business Bureau, and based on its ruling, DirecTV pulled them), we did get the ball rolling, and many news articles on the subject mentioned us in the reporting.

Follow Dr. Soifer on social media!

Click on a button below.



[Read the full story here.](#)

There was a recent article in The National Law Review that is directly relevant to drug testing in the

workplace, and which everyone who is interviewing for a job that requires urine testing needs to know about. Bottom line, as We've been telling everyone for years, you must tell your supervisor or HR about your shy bladder!

Endowment Fund & Planned Giving

[Click here for
Planned Giving
Information!](#)



Use the button above to donate to the Endowment Fund.

Choose the Endowment Fund in the drop down menu where it says:
I want my donation to be designated toward

This is the period of time where we raise money for the endowment fund, which is approaching the \$100,000 mark. Please click on the planned giving link, on the left, for ideas on how you can help IPA. A number of our members have taken advantage of one or more of these options. If you have any questions please call the office or email Yvonne at: ipastaff@gmail.com

IPA 's 20th Anniversary

Plans are underway for our 20th anniversary celebration of our existence, and we are figuring out what will be the proper venue for this event in late 2016 or early 2017. Stay tuned for details!

International Paruresis Association, Inc.
P.O. Box 21237
Catonsville, MD 21228

Office Hours
Tuesday - Friday
1:00pm -4:30pm(EST)

Office# 800-247-3864 ~ Email: info@paruresis.org