

# IPA "Freedom Press" eZine

Summer 2010

## *Dear Members & Friends:*

Welcome to our Summer 2010 edition of the IPA "Freedom Press" eZine. We hope to publish it on an every other month basis this year. As usual, if you do not want to continue to get this electronic newsletter, just let us know and we'll promptly take you off this list!

In order to join or renew, please go to <http://paruresis.org/join.htm>

## *\* Qualify Us as a Top-Rated Health Nonprofit \**

If you love our work then tell the world! You have an exciting opportunity to help make even more of a difference in our community. GreatNonprofits – a site like Amazon reviews or TripAdvisor – is conducting a campaign to identify the top-rated health nonprofits in the country.

Won't you help us participate in the campaign by posting a review of your experience with us? All reviews will be visible to potential donors and volunteers. It's easy and only takes 3 minutes!

Go to: [www.greatnonprofits.org/reviews/shy-bladder-institute-inc](http://www.greatnonprofits.org/reviews/shy-bladder-institute-inc)

Be sure to choose "Health" from the drop down menu of campaigns in the review template.

With your help, we can gain greater visibility in our community.

Thank you.

*Either email us a copy, or email [ipastaff@gmail.com](mailto:ipastaff@gmail.com) to let us know you've done it. We need at least 10 by June 30<sup>th</sup>!*

## *Workshops & Intensives*

Well, Russia, Detroit, and Boston. Not bad. Size range was from 7 to 20 participants. Overall there were superb results! Needed to cancel Winston-Salem and Vancouver this year due to too few registrants, and reschedule Baltimore for December. Carl & I will be doing Baltimore again, so it should be a really good one to attend. The rest of the year's workshops are uncertain.

Denver in Aug. is 50/50

Toronto in Sept. 25/75

Germany in Sept. 100%

Chicago in Oct. 80/20

LA in Nov. 40/60

Baltimore in Dec. – we'll see☺.

Workshops will be changing next year; see my note on the interactive IPA Talk board at:  
<http://www.paruresis.org/phpBB3/viewtopic.php?f=2&t=7515>

I have been averaging one intensive (Fri. aft., Sat. morning – 8 hours of work) a month; it's intensive for me and client. Have to say that they always seem to go very well.

### ***Support Groups***

Well, this is one area that's not going so well☹. Have to say that in many areas of the country, support groups are fading or struggling at best. The only really active and strong ones that I'm aware of are of course Baltimore and Detroit (both going on close to 10 years or more, I think☺), Chicago, Massachusetts, and I think upstate New York. The rest, while listed, are in uncertain status.

Marty Grifone is stepping down as the International Support Groups' Leader, and I need to find a replacement. I do believe that support groups (and workshops) are going strong internationally in the UK, Australia, France, and Russia. I hope to solidify things in Germany on my next trip.

### ***Alternative Drug Testing in the Workplace***

Unfortunately, this issue is in "limbo." It appeared that we were going to get a victory either legislatively in Congress, or regulatorily (sorry if not word; should be☺) through the Equal Employment Opportunity Commission (EEOC).

At this point, neither has happened. Long stories on both; will spare you the gory details. However, the IPA's drug testing advisory group will soon chat, and I hope to report on a new strategy we'll embark on in the Fall which could include you all☺.

### ***2011 Fundraising Campaign***

This will begin July 1. If you'd like to join *or* renew early this year, please do so. As you all know, the sooner people contribute, the better position we're in, and the less work for us staff toward the end of the year.

The link is <http://paruresis.org/join.htm>

Thanks again.

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Director, SBC  
Secretary, ARA