

Toronto Workshop...AMAZING!

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For 7 years, I have been unable to pee at a urinal and in a quiet bathroom in a stall (unless I was sitting).

After literally 3 hours, I was peeing at public bathrooms with the workshop guys right beside me. We went to many public bathrooms some alone and some with strangers, every time it was a complete success!

I even went after the workshop with one of the guys to a public bathroom, the closest urinal to the sinks and a guy behind me washing hands, I WENT NO PROBLEM!!!!!!
Am I cured? Far from it. BUT, this was the best thing I ever did. Not only was I peeing with five guys in various situations, I had such a fun time and made some friends.

I always thought that other guys with this problem would be freaky and geeky, I was wrong. The guys at the workshop were tall, short, large, strong, young, professional, student.....all types...all friendly.

Listen, if you suffer like I do, and still do...sign up to the next one. It is time to face your fears...it's not so bad. I was able to even laugh at the whole thing...something I never have done.

I just got back from the workshop four hours ago, I still can't believe what I did this weekend. It was awkward at first but I really felt comfortable with the guys. I think I actually did some male bonding! Wow!

JUST DO IT!